

CURRENT QUARANTINE PROTOCOLS (updated 12.14.20)

COVID-19 RELATED ILLNESS

If any of the following conditions apply, a person is considered high risk of spreading the illness to others. Parents/students/employees are required to notify their building principal/supervisor if any of these conditions apply.

- A positive COVID-19 test result
- Pending results of a COVID-19 test
- Close contact with a person confirmed positive for COVID-19

Anyone falling into one of the three situations above should remain home until the following apply:

- Persons with a positive COVID-19 test **or** person with close contact to a positive COVID - 19 case:
 1. Fever free for at least 24 hours without the use of fever reducing medications **(and)**
 2. At least 10 days have passed since symptoms first appeared and/or positive test results and/or 14 days have passed since close contact with a confirmed positive **(and)**
 3. Symptoms have improved **(and)**
 4. You are cleared to return to school/work based on the date provided on your quarantine/isolation letter from the Health Department..
- Persons awaiting a COVID-19 test result:
 1. Negative COVID-19 test **(and)**
 2. Fever free for the last 24 hours without the use of fever reducing medications **(and)**
 3. Symptoms have improved
 - **(Note:** A medical provider can provide an alternate diagnosis as a cause for the signs and symptoms, and return precautions should be specific to the diagnosis.)

REVISED QUARANTINE GUIDELINES

1. Revised guidelines for quarantines when a positive student and close contact are both properly masked. (Note - face shields do not qualify for this exemption.)

The guidance from the Missouri DHSS & DESE says that students identified as close contacts can continue to attend school during their quarantine period, with the following stipulations:

1. Students must attend a school with a full mask mandate for all. Currently, this includes Rolla Junior High, Rolla High School, and RTI/C.
2. Parents must monitor their children daily for any COVID-19 symptoms. If symptoms appear, students need to stay home, follow the guidance of their doctor, and notify the school nurse.
3. Students must be masked upon return -- they cannot wear a shield.
4. Students cannot participate in activities designated as higher risk for exposure to others. This includes PE and athletics. Students must be able to fully social distance in order to participate in band or choir. Otherwise, they will stay masked and not participate during class. Students may return to full participation in these activities after the full 14 day quarantine period.

2. Revised quarantine length from 14 days to 10 days.

Guidance approved by the CDC, and endorsed by the Phelps/Maries Health Department, has revised the quarantine length for close contacts to a positive case, allowing students to return to school after a 10 day quarantine as opposed to the original 14 day quarantine period. Students may return to school on day 11, with the following stipulations:

1. Students must be free of any COVID-19 symptoms during the entirety of the 10 day quarantine period.
2. Parents must continue to monitor their children daily for any COVID-19 symptoms. If symptoms appear, students need to stay home, follow the guidance of their doctor, and notify the school nurse.
3. Students may not return from quarantine early if the exposure was due to a positive case within their household. The full prescribed quarantine period will need to be completed prior to return.
4. Students must be masked upon their return -- they cannot wear a shield.
5. Students cannot participate in activities designated as higher risk for exposure to others. This includes PE and athletics. Students must be able to fully social distance in order to participate in band or choir. Otherwise, they will stay masked and not participate during class. Students may return to full participation in these activities after the full 14 day quarantine period.

School nurses will provide additional guidance for exclusion and return to school processes for ill students and staff. It is important to follow all guidance from public health officials and/or your primary care physician.